

Longtown Bedroom Kit list



- ☐ Duvet cover, single sheet and pillowcase
- ☐ 1 pair of indoor shoes (crocs, sliders, slippers or trainers)
- ☐ 1 pair of trainers or walking boots for general outdoor wear
- ☐ 1 old pair of trainers that you don't mind getting muddy or wet.
- ☐ A warm coat
- ☐ A full change of clothes **per day** including: long trousers, t-shirt, warm jumper/fleece/hoody, underwear and socks (not trainer socks)
- ☐ 2 x towels
- ☐ Pyjamas
- ☐ Washbag with a toothbrush, toothpaste, deodorant (no sprays please) shower gel etc.
- ☐ Warm hat and gloves (These are essential even in the summer months as nighttime's and hilltops can still be cold!)
- ☐ 2 x bin bags to carry wet clothes
- ☐ One litre labeled water bottle
- ☐ Small torch
- ☐ Sun cream and sun hat (in the spring and summer months)
- ☐ Packed lunch for the arrival day
- ☐ Medication if applicable - in a labelled bag
- ☐ Day backpack if you have one (we can lend you one if you don't)
- ☐ Spending money - £10 max. Our shop sells hats, drinking bottles and stationary etc

We supply waterproofs and wellies but feel free to bring your own if you already have them.